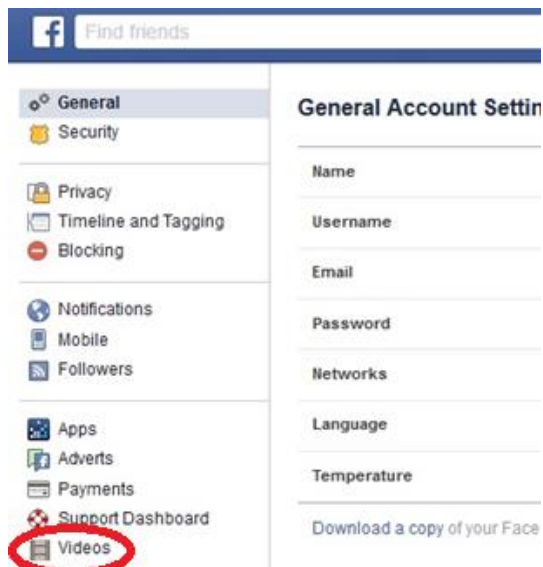


Facebook – Switching video auto-play off

1. To view your settings options click little **black triangle** at top right of the Facebook screen. It is circled in red in the illustration below. The menu shown below appears.




2. Click the **Settings** option shown above. Your General Account Settings appear. Choose **Videos**, circled in red below.



3. Find **Auto-play Videos** and set it to **Off**.

Video Settings

Video Default Quality	You can still change the quality of a video you are watching by clicking the HD icon in the video player.	SD Only ▾
Auto-play Videos	These settings only apply when you use the Facebook website. Follow this guide to change auto-play videos in your Facebook app.	Off ▾
Always show captions	If turned on, captions will always be displayed for any videos that have them.	Off ▾
Captions display		Edit