

## Matrix of Autism Tiered Training Outcomes

Outcomes		Delivery Method / Content
<ul style="list-style-type: none"> <li>• Understanding the social model of disability</li> <li>• Understand autism as a spectrum condition and that everyone is different</li> <li>• Understand that individuals can demonstrate sensory communication and perceptual differences</li> <li>• Awareness of prevalence of autism, including autism in the workplace</li> <li>• Awareness of social, communication, emotions and effects of anxiety</li> <li>• Understand the impact of different ways of interacting with autistic people</li> <li>• Recognition of personal responsibility to do something different</li> </ul>	<b>Universal Basic Awareness</b>	<p>E-learning Autism Champions Anthology/Local reflections TV/Video clips/Newspaper and magazine articles</p> <ul style="list-style-type: none"> <li>• Difference rather than difficulty</li> <li>• Myths and facts</li> <li>• Everybody is different</li> <li>• Positivity - being valued in society</li> <li>• Prevalence of autism</li> <li>• Sensory issues</li> <li>• Meltdowns- why they occur</li> <li>• Emotions and anxiety</li> </ul>
<p>Information more targeted according to the situation/job role/need.</p> <ul style="list-style-type: none"> <li>• More in-depth understanding of all outcomes noted above</li> <li>• To be able to analyse situations with a view to be able to change the situation</li> <li>• To have increased knowledge and confidence in delivering solution-focused approaches</li> <li>• Opportunities to put theory into practice</li> <li>• Understanding and managing meltdowns</li> </ul>	<b>Intermediate Targeted</b>	<p>Facilitated face-to-face training Autism Champions People with lived experience of autism Reflective evaluations and discussions</p> <ul style="list-style-type: none"> <li>• Teach social rules</li> <li>• Understanding and managing meltdowns</li> <li>• Focus on anxiety/sensory or communication/interaction</li> <li>• Hints and Tips, including:               <ul style="list-style-type: none"> <li>○ Use of Facebook and texting</li> <li>○ Giving unambiguous messages</li> <li>○ Accepting limitations</li> <li>○ Structure</li> <li>○ Routine</li> <li>○ Stay calm to reduce stress</li> <li>○ Access to a quiet area</li> </ul> </li> </ul>
<p>Understand legal and policy framework that underpins good practice in support of individuals with ASD.</p> <ul style="list-style-type: none"> <li>• Increased confidence and expertise</li> <li>• Able to implement effective interventions</li> <li>• Increase understanding of need for integrated, multi-disciplinary approaches and ability to deliver this.</li> </ul>	<b>Specialist</b>	<p>Face-to-face Formal Accreditation/Qualification Adult's/Children's (Education Providers) Specific focus-workshops, such as:</p> <ul style="list-style-type: none"> <li>• Managing anger</li> <li>• Sensory needs</li> <li>• Sleep</li> <li>• Toileting</li> </ul>